





# Beach Cities Learning - San Gabriel

# **MIKE'S WAY**

For this month we have 2 jokes, can you guess the answer?

First person to guess the correct answer will earn a bag of chips, please make sure to look for Mr. Mike to see if you're the lucky winner!

- 1. I changed my iPod name to titanic.
- 2. What kind of a car does a crazy man drive?

# **DOR NEWS**

BCL SG's DOR Student Services department offers opportunities that support students between ages 16-21 in exploring and preparing for the world of work. Students who participate qualify for paid work experience onsite where learn thev will Job Exploration, Postsecondary Counseling, Skills for Work, Self-Advocacy & more! Those who complete the program are then placed into an entry-level position with a partnering organization!

# **NO SCHOOL**

May 29 (Monday)

Memorial Day

See you back Tuesday, May 30th!

# **MENTAL HEALTH CORNER**

Positive affirmations can be defined as positive phrases or statements that we repeat to ourselves. Generally, they are used to manifest goals, dreams, or experiences we desire. When using positive affirmation use the following 3 steps. Step 1: Speak and Repeat Positive Affirmations Out Loud. Step 2: Use the Present Tense When Saying Positive Affirmations. Step 3: Craft positive affirmations that are specific, simple, and direct.

Here are some examples down below:

I am loved I can do this
I matter I am brave

# **MAKING WAVES**

Shoutout to our newest <u>Level 5</u> members, **Gabriel C.** and **Aria W.**! Let's not forget to congratulate **Stephen K.**, **Eileen P. and Matthew J.** moving on up to <u>Level 3</u> and congrats to **Caelan K.** on making it to <u>Level 2</u>. We see all the hard work you have all done. Keep up the great work! Lastly, we want to shoutout **Victor D.** and **Emma S.** from our FACS program. We are all very proud of you.

You all are amazing!!







# **Beach Cities Learning - San Gabriel**



# CONTACT INFORMATION **TEACHERS**

#### **Elementary**

Mr. Kishore:

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#### Middle

Ms. Garcia:

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### **High School**

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#### **FACS**

Mrs. Ayala:

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Ms. Christina:

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# **SCHOOL UPDATE**

Just a friendly reminder that state testing is right around the corner. That being said, students may start to feel overwhelmed, frustrated, an anxious, Rest. assured, this is all completely normal but if parents would like for staff to help support with any challenges related to testing or have their child be exempt from having to take it, please call the front office and speak with Ms. Kwon and Ms. Morgan so we can help

### **CONTACT INFORMATION**

#### **MHT**

Ms. Julia:

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Ms. Sean:

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Mrs. Jen:

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Ms. Gabby

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## **SCHOOL HOURS**

#### **Regular Days:**

Elem - 8:30 am - 2:15 pm

MS/HS - 8:30 am - 3:15 pm

**Banking Days: (Wednesdays)** 

8:30 am - 2:15 pm

#### **Minimum Days:**

8:30 am - 12:45 pm

# **BIRTHDAY SHOUTOUT**

Hey everyone!! If you see these Individuals around please make sure to say Happy Birthday!!



Su K. - 5/5 Jackie M. - 5/7 Roki F. - 5/11

Jennifer W. - 5/21 Jeremiah B. - 5/23 Adriana C. - 5/27

Sean P. - 5/28

Keano P. - 5/17